

Advanced Pediatrics of Rockland, P.C.

358 Route 202, Suite 2, Pomona, NY 10970

P: (845) 364-9800

F: (845) 364-9828

Anticipatory Guidance

2 month old - Female

Put your infant to sleep on her back (face up) - in the crib or bassinet only. Do not use stuffed animals, sleep positioners or blankets. Do not give her honey until she is 1 year old as it can lead to botulism toxin poisoning. Do not leave her on a changing table, bed, sofa or lap without holding her in order to prevent a fall.

Call for lethargy or high fever. Use fragrance-free lotions, detergents, fabric softener and soap. Continue to support the neck until 4 months old. Because of the immunizations she is receiving today, you can use Tylenol 1.25 ml every 4 hours as needed for fussiness over the next 24 hours. You do not need to give Tylenol if she has a fever, but she is comfortable and eating well.

Continue vitamin D drops 400 IU daily if breastfeeding.