

Advanced Pediatrics of Rockland, P.C.

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Anticipatory Guidance

2 month old - Male

Put your infant to sleep on his back (face up) - in the crib or bassinet only. Do not use stuffed animals, sleep positioners or blankets. Do not give him honey until he is 1 year old as it can lead to botulism toxin poisoning. Do not leave him on a changing table, bed, sofa or lap without holding him in order to prevent a fall.

Call for lethargy or high fever. Use fragrance-free lotions, detergents, fabric softener and soap. Continue to support the neck until 4 months old. Because of the immunizations he is receiving today, you can use Tylenol 1.25 ml every 4 hours as needed for fussiness over the next 24 hours. You do not need to give Tylenol if he has a fever, but he is comfortable and eating well.

Continue vitamin D drops 400 IU daily if breastfeeding.