





# MUSEO ASC **US HEART & VASCULAR**

Preparing for a Cath Lab Procedure

LOCATED AT: 5115 Fannin Street Suite 103 Houston, TX 77004

(713)793-8160

Thank you for choosing Museo Ambulatory Surgery Center for our procedure. We strive to provide excellent service in a caring and healing environment. The following information will assist you in preparing for your procedure, what to expect the day of your procedure, and recovery after the procedure. Please review the enclosed instructions.

The Museo ASC staff are available to answer any questions that arise during your stay.

#### **Museo Ambulatory Surgery Center**

5115 Fannin Street, Suite 103 Houston, TX 77004

We are located on the first floor of the Museo Institute for Medical Arts building.

Follow the Museo ASC signs on the first floor .

To Reschedule, Cancel, or Questions: HCVA: (713) 790-0841 Willowbrook: (713) 791-1978





### **Before Your Procedure at the Museo ASC**

- Once you are scheduled for your procedure at the Museo ASC, a team member will contact you about your insurance and coverage.
- A nurse from the surgery center will call you 1-3 business days before your appointment to discuss pre-operative instructions and answer any questions you may have.
- Your physician will order laboratory tests for you prior to the procedure.
- If you are having moderate sedation: You should not drink or eat solid food 6 hours before your procedure. Please follow your physician's instructions about the medications to take the morning of your procedure.
- If you have an Advanced Directive or Medical Power of Attorney, please bring a copy to the center on the day of your procedure. You may complete these documents at: https://www.hhs. texas.gov/formas/advance-directives
- An adult over the age of 18 must drive you home after your procedure.

For your health and safety, please check with your physician before & after your procedure to determine which medication(s) to continue or discontinue.

### What to Bring the Day Of Your Procedure

- List of current medications, including all herbal and over-the-counter medications
- Driver's License or other form of state or federal ID
- $\Box$  Insurance card(s)
- Cashier's check or credit card for any co-pay or deductible that is owed
- Comfortable, loose-fitting clothes; if having a pacemaker or defibrillator implanted, please wear a button-up shirt
- Advanced Directive or Medical Power of Attorney
- We recommend any visitor accompanying you bring a light jacket while they wait for you
- DO NOT bring anything of value to the center. A locker will be provided for your personal belongings
- For implant patients, please bring your smart phone to set up the device monitoring application

#### **During Your Procedure**

- The room will be cool; warm blankets are available at your request
- You will be connected to monitoring equipment, such as the blood pressure cuff, heart monitor, and pulse oximetry
- A nurse will remain with you during your procedure to ensure your safety and comfort.
- Your friends and family will be in the Museo ASC waiting room. The physician will speak to them after the procedure.

#### **After Your Procedure**

- You will be taken to the recovery room, where a nurse will care for you.
- Your physician will determine the length of time for your bed rest.
- Your vital signs will be monitored during your recovery.
- Pain Management is essential to us. Please tell your nurse at any time if you are uncomfortable.
- While in recovery, the nurse will provide you with a light snack and beverage.
- You and a responsible adult will receive verbal and written discharge information. We recommend he/she stay with you for 24 hours following the procedure.
- The Museo ASC nursing staff will call you the next day to follow up on your recovery.



The Museo ASC does not provide emergency after hours care. If you have an emergency, call 911. For any after hours questions, please call your cardiologist office. HCVA: (713) 790-0841 | Willowbrook: (713) 791-1978

### **Directions to the Museo ASC**

#### From 69/59 N:

- Exit 128A to Fannin St.
- Left on Southmore Blvd.
- Left on San Jacinto St.
- Parking Garage entrance is on the left off of San Jacinto.
- Parking is available on levels 3-6.

### From 69/59 S:

- Exit 127A onto Main St.
- Turn Right on Fannin St.
- Left on Southmore Blvd.
- Left on San Jacinto St.
- Parking Garage entrance is on the left off of San Jacinto.
- Parking is available on levels 3-6.

#### From 288 South:

- Exit Southmore Blvd / Blodgett St
- · Left on Southmore Blvd.
- Right on San Jacinto St.
- Parking Garage entrance is on the left off of San Jacinto.
- Parking is available on levels 3-6.

#### From the Medical Center:

- Head North on Main Street
- Take the first exit around the fountain to Hermann Drive
- Left on San Jacinto St.
- Parking Garage entrance is on the left off of San Jacinto.
- Parking is available on levels 3-6.



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