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# SINGULA NSTITUTE

### **Big news & Announcements**

We are getting close to our upcoming **Friends & Family Fundraising Kick-off Event**! This event will help to support and send off the Singula Team to begin our Implementation Phase of our clinical research institute. This event is for friends and family to **pledge support** for Singula's vision and mission to transform mental health care, particularly for depression. ?

Please get your tickets now!

https://www.eventbrite.com/e/singula-institute-friends-family-fundraiser-tickets-61703485787

### **Development**

We are continuing our working with Koszyn & Co on various aspects of our fundraising and development efforts. We have begun to build a more formalized process of our fundraising strategy.

We have also begun to broaden our network through the attendance of conferences, such as **Society of Biological Psychiatry** (<u>https://sobp.org</u>) and **Aspen Institute** (<u>https://www.aspeninstitute.org</u>). We have had the chance of speaking with like-minded individuals who are interested in helping us with our initiative. This summer, we will continue to expand our network through attendance of networking opportunities in NYC and DC!

## **Social Impact Community**

In May, The Singula team wrapped up a successful series of three discussions (**The Many Faces of Depression**) that were provided free to the public. Our first event centered around how Depression impacts the individual who suffers from the illness, our second event focused on how Depression impacts the loved ones of the sufferer, and our third event focused on how Depression impacts society. Each discussion allowed for an important exchange of information and ideas between participants and Singula Institute. It allowed us to understand the needs of the community and formulate a plan to engage with the community.

### **Clinical Research Projects**

We have assembled a list of nearly **15 individual clinical research studies** that we would like to implement in our clinical research program. Each study represents specific aspects of our pursuit towards identifying clinical and biological markers for the clinical treatment of depression and depression relapse. This summer, we will be working on a couple of articles that we wish to publish in academic journals. More on this in the upcoming months!

## **Clinical Research and Computational Infrastructure**

We are continuing our work with **Reid Simon** at *Kalorama Solutions* as well as with **Glen Coppersmith** and **Tony Wood** at *QNTFY* to select an Electronic Health Record (EHR) that will be compatible with our clinic and clinical research needs. Given the various layers of complexity of our clinical research operation, this is an important first step towards implementation of our clinic and clinical research program.

## **Mental Health & Society**

We will continue to keep you posted on articles of interest to **Singula Institute** via **Facebook**, **Linkedin**, and **Instagram**. These articles are reviewed, filtered, and provided commentary by our **Singula Institute clinicians** and highlight some of the issues that Singula Institute will tackle through our clinical research!

You can begin to pledge your support for **Singula's Vision** of **Transforming Mental Health** by liking us on **Facebook**, follow us on **Instagram** and **LinkedIn** and *sharing our page* with your friends and colleagues.

# -The Singula Team



