

SINGULA 1 INSTITUTE

Big News & Announcements

We are excited to announce our upcoming **Friends & Family Fundraising Kick-off Event!** This event will help to support and send off the Singula Team to begin our Implementation Phase of our clinical research institute. This event is for *friends and family* to *pledge support* for Singula's vision and mission to transform mental health care, particularly for depression.

Friends & Family Fundraising Kick-Off Event:

Thursday, June 20th: 6:00pm-9:30pm

The Colorado, Rooftop Deck

201 East 86th Street, New York, NY 10028

If you are interested in being a part of the fundraising kick-off event planning team, please contact Kathy Aligene, M.D. at kaligene@gmail.com

Development

We have been working with **Koszyn & Co** on various aspects of our fundraising and development efforts. So far, we are learning a great deal of skills and knowledge to build a strong fundraising and development team!

Social Impact Community

The Singula team has held two of three social impact events. Our first event centered around how Depression Impacts the individual who suffers from the illness, while our second event focused on how Depression impacts the loved ones of the sufferer. We had a great turn out for both events with a broad range of backgrounds, ages, and gender. From those discussions, we had two thought-provoking and insightful discussions about each topic. Not only did the group learn more about mental illness, but the Singula Team learned more about the needs of the community. We are excited for our last discussion of the series this coming May (see below).

Couch Talks @ The Colorado:

The Many Faces of Depression: How does Depression impact society?

Thursday, May 9th: 6pm-8pm

**The Colorado, 4th Floor Conference Room
201 East 86th Street, New York, NY 10028**

Clinical Research Projects

We have assembled a list of nearly 15 individual clinical research studies that we would like to implement in our clinical research program. Each study represents specific aspects of our pursuit towards identifying clinical and biological markers for the clinical treatment of depression and depression relapse. More on this in the upcoming months!

Clinical Research and Computational Infrastructure

We are continuing our work with Reid Simon at Kalorama Solutions, LLC as well as from our amazingly talented IT and computer scientist advisors. They have been helping the Singula team lay out the vision of our work into a set of achievable goals.

We have also begun working with QNTFY, LLC (<https://qntfy.com>); a computational behavioral solutions company, on a small project to begin forming the data computational backbone for our research program. Their successful history of designing and implementing software solutions to better understand behavioral patterns for patients at risk for mental illness has been published in well-respected scholarly journals and media (<https://qntfy.com/#news>) Serendipitously, we were

connected with the QNTFY team through a few avenues. We believe that the synergy between our two teams will provide a powerful runway for our clinical research!

Mental Health & Society

We will continue to keep you posted on articles of interest to Singula Institute via **Facebook**, **Linkedin**, and **Instagram**. These articles are reviewed, filtered, and provided commentary by our Singula Institute clinicians and highlight some of the issues that Singula Institute will tackle through our clinical research!

You can begin to pledge your support for Singula vision of changing Mental Health by liking us on **Facebook**, following us on **Instagram** and **LinkedIn** and sharing our page (<http://www.singulainstitute.org>) with your friends and colleagues.

-The Singula Team





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