

## PRE-OPERATIVE INSTRUCTIONS FOR PATIENTS UNDERGOING GENERAL ANESTHESIA

- Please **DO NOT** eat or drink **ANYTHING** 8 hours prior to your appointment
- You can drink **WATER ONLY** up to **3 HOURS** prior to your appointment
- Please bring a responsible adult (at least 18 years old) who will stay in the
  office during the procedure and will drive you home after surgery
- If you were prescribed medication by Dr. Libunao or Dr. Kim, please have
  them filled by your pharmacy BEFORE your surgery appointment
- Please wear loose and comfortable clothing, preferably short sleeves, and no sandals
- Please do not wear contact lenses
- Please remove all jewelry around your head, neck, and hands
- Please remove dark colored nail polish
- Please bring BOTH medical and dental insurance cards
- Please arrive 30 MINUTES prior to your appointment time