

ALINA M GALLIANO-PARDO, MD, FAPA, FASAM

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JACKSONVILLE • FLORIDA • 32216  
904•853•5867 Beaches TMS  
904•853•5900 Beaches Behavioral

## **SPRAVATO Evaluation Packet**

**Please fill out the following information and return it to our office at least 24 hours prior to your appointment. If at any point you have questions, concerns or feel overwhelmed, please call our office and we will be happy to assist you.**

### **Initial Assessment**

This assessment is a two-part process that involves a review of your medical history and then a second visit for your initial treatment. Your first appointment will last about an hour. The initial assessment, or consultation, will be used to evaluate the appropriateness of Spravato/esketamine in treating your depression. Dr Galliano-Pardo, your Spravato prescribing psychiatrist, will use the assessment to determine a diagnosis and the risks and benefits of Spravato compared to other available treatments for your diagnosis.

The doctor will also want details about previous treatment for your depression including counseling history, names of medications and maximum dosage, duration of treatment, and reasons treatment was discontinued, such as lack of benefit or side effects. You should be prepared to complete formal medical history evaluations and sign consent forms.

There is also a chance that Dr Galliano -Pardo will request a physical examination from your primary care physician. This is not always the case, though, and will vary from patient to patient. If a physical examination is requested, it will most likely be used to carefully screen patients for the presence of medical conditions that are contraindicated with Spravato.

At the end of the assessment, Dr. Galliano-Pardo will decide if you are a candidate for Spravato. If Spravato is right for you, she will create a treatment plan for you. Your next appointment will be your first treatment

Your first evaluation will be about 1 hours long. Your intake with a staff member will take about 15 minutes followed by a 45 minute to an hour meeting with Dr. Galliano-Pardo. Please review the information in the packet, and email them back to us at **least 24 hours prior to your scheduled appointment.** If your information is not received 24 hours prior to your appointment, your appointment may need to be rescheduled. If at any point you have questions, concerns, or feel overwhelmed, please do not hesitate to contact our office. The paperwork can be completed on your computer or printed, filled, and scanned. Also, please send us a copy of a **valid photo ID** and a photo of the front and back of your **insurance card** (primary and secondary) so that we are able to verify your benefits and co-payments prior to your appointment time. We will be able to begin working on the prior authorization for Spravato as soon as we receive this information

### **Typical Treatment Schedule**

- Month 1: Two treatments per week
- Month 2: One treatment per week
- Month 3+: Continue weekly treatment Or Treatment once every 2 weeks

## Office Policies

### Office Hours

The Front Office and phone lines are open from 8 am-3 pm. Patient follow up appointments are Monday through Thursday starting at 7:30am and are every 30 minutes until 12:30pm.

### Treatment Hours

The office is open for treatments from 8:00am- 3:00pm. If these times are not convenient for you, please contact our office for further discussion of possible options.

### Contacting Us

Always remember: if you have a potentially life-threatening emergency and need help **IMMEDIATELY, CALL 911 or GO TO AN EMERGENCY ROOM.** You can contact us once the situation is stabilized.

For general questions or concerns you can call our office during hours listed above and speak to a staff member. Be prepared to give a detailed message to the staff member. They will consult with your physician and will call you back. If you chose to leave a detailed voicemail, please be aware that calls are returned within 24 business hours.

If you call after the office is closed you can leave a message and we will call you back on the next business day or you can also send us an e-mail to [information@beachesbehavioral.com](mailto:information@beachesbehavioral.com) or [tms@beachesbehavioral.com](mailto:tms@beachesbehavioral.com) and expect an answer within 24 business hours.

### Appointments

All appointments need to be confirmed within twenty-four (24) business hours of the time scheduled. If your appointment is not confirmed, it is subject to being cancelled and you may be charged the No Show or the Late Cancellation fee. It is your responsibility to come to your appointments on the correct date and time.

If you need to cancel an appointment you will need to do it with at least twenty-four (24) business hours' notice by calling or emailing our office or you will be charged the Late Cancellation fee. Late cancellation fees are as follows: \$100 for Follow up appointments, \$200 for New Patient appointments, and \$50 for TMS treatment appointments.

### Electronic Communication Authorization

Beaches Deep TMS & Brain Health may communicate with me using electronic (Non-HIPPA compliant) communications including email, text messages, and voicemail. I may be contacted using the numbers or addresses that I have provided to Deep TMS & Brain Health or that I have used to initiate contact with Beaches Deep TMS & Brain Health. These communications may include appointment information, protected health information and confidential information. I understand that these electronic communications are not encrypted. We use reasonable means to ensure security of communication with these methods, however we can not guarantee the security of non-HIPPA compliant methods.

## **DRUG SCREEN POLICY**

### **Please Read Each Item**

Your physician, Alina M. Galliano-Pardo, M.D., **may order** urine specimens to be collected for the purpose of drug screening at any time if it is deemed necessary. You will be tested upon admission and randomly during follow up visits at the doctor's discretion.

We **require** drug screening if you are **any controlled medication** including Buprenorphine (Suboxone/Zubsolv) prescribed by this office. If you refuse drug screening, you may not be allowed to see the doctor and your prescription(s) may not be renewed.

You may refuse testing at any time. Your physician will be informed of this and could interfere with your participation in treatment at this office.

Most insurance plans **do not** pay for drug screening. If they don't, you agree to pay our \$25.00 charge. Drug screening charges are already included in self-pay patient visit charges. Patients that come into the office for a drug screen outside of an appointment will be required to pay a \$25.00 charge.

If your drug screening is positive and you believe this is an error, you can request the sample to be sent for confirmation to a certified lab. If your insurance does not cover the external lab charges, you will be responsible for payment of those charges.

### **Telehealth Services**

For your initial evaluation, you have the option between an in-person appointment or a telehealth appointment. Ongoing follow-ups will be via telehealth. Telehealth appointments are conducted through a HIPPA-compliant platform that requires video and audio capabilities. You will receive an email 24-48 hours before your appointment with instructions. If you have any questions or concerns please contact the office.

For your appointment(s), please make sure:

- You have the proper equipment- video and audio capabilities on a mobile device or computer
- You are in a quiet, private location with reliable service.
- If you are driving, please pull over to a safe location for the duration of your session.

### **Termination of Treatment**

Dr. Alina Galliano-Pardo will deem treatment ineffective and advise a patient to seek treatment elsewhere when a patient's actions indicate that he or she has disengaged from treatment. Following are some examples of situations warranting termination of treatment:

- The patient misses two or more appointments
- The patient ceases paying for treatment
- The patient is noncompliant with treatment recommendations
- The patient misuses or abuses prescribed medications
- The patient behaves in an abusive, threatening or inappropriate manner toward staff, or other patients

### **COVID-19 Informed Consent**

Our office is taking all necessary steps and measures to insure the safety of our patients and staff. We are following all recommended CDC and state guidelines to help reduce the spread of COVID-19.

Please check all that apply:

**I have reviewed and agree to the:**

1. General Office Policies
2. Urine Drug Screen Policy
3. COVID-19 Informed Consent
4. Notice of Privacy Practice (Located on our website for your review)

By signing below, you are agreeing and acknowledging you understand our services and policies.

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Date**

**Card Holder Authorization for Credit Card Charges**

**Patient Information**

Name of Patient: \_\_\_\_\_

**Credit Card Information**

First Name (as it appears on credit card): \_\_\_\_\_

Last Name (as it appears on credit card): \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

**Credit Card Type**    AmEx    Discover    MC    Visa

**Credit Card Number:** \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

**Expiration Date:** \_\_\_\_\_ **CCV Code:** \_\_\_\_\_

**Credit Card Billing Address**

Street/PO Box: \_\_\_\_\_

City: \_\_\_\_\_

State/Zipcode: \_\_\_\_\_

Billing Phone: \_\_\_\_\_

**Acknowledgement**

I authorize Alina M. Galliano-Pardo, M.D., P.A. to charge this credit/debit/HAS debit card for any and/or all co-payments, patient responsibility portions of my insurance explanations of benefits (if applicable), fee for the completion of any forms and/or letters I request, lost prescriptions, prescription refills, and missed/no-show or late appointment fees.

I certify that I am an authorized signer on the card provided and that the credit card number provided and signature below are the same as those on file with the credit card issuer.

\_\_\_\_\_  
Cardholder's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Employee Name

| <b>PATIENT DEMOGRAPHICS</b>   |                              |               |   |
|---|------------------------------|---------------|---|
| Last Name:  | First Name:                  | Middle Name:  |   |
| Address:  | City:                        | State:        | Zip:  |
| Home Phone:   | Cell Phone:                  |               |   |
| Social Security Number:   | DOB:                         | Gender: M     | F <input type="radio"/>                       |
| Marital Status:   | Ethnicity:                   |               |   |
| Employer Name:  |                              |               |   |
| Employer Address and Phone:   |                              |               |   |
| <b>PRIMARY INSURANCE INFORMATION</b>  |                              |               |   |
| Insurance Carrier:  | Policy ID:                   | Group Number: |   |
| Policy Holder's Name:   | Group Name:                  |               |   |
| Policy Holder's DOB:  | Relationship to Patient:     |               |   |
| Policy Holder's Social Sec Number:  |                              |               |   |
| Policy Holder's Employer:   |                              |               |   |
| Employer Address and Phone:   |                              |               |   |
| <b>SECONDARY INSURANCE INFORMATION</b>  |                              |               |   |
| Insurance Carrier:  | Policy ID:                   | Group Number: |   |
| Policy Holder's Name:   | Group Name:                  |               |   |
| Policy Holder's DOB:  | Relationship to Patient:     |               |   |
| Employer Address and Phone:   |                              |               |   |
| <small>IF YOU HAVE A SECONDARY INSURANCE POLICY, IT IS YOUR RESPONSIBILITY TO ADVISE THE STAFF WHICH IS THE PRIMARY AND WHICH IS THE SECONDARY INSURER. FAILURE TO DO SO MAY CAUSE SUBMISSION TO THE INCORRECT INSURANCE COMPANY. INSURERS HAVE TWO (2) YEARS TO RECOUP MONIES THAT HAVE BEEN DISPENSED IN ERROR, AND ONCE THE NOTICE OF RECOUPMENT IS RECEIVED, IT IS LIKELY THAT THE TIMELY FILING LIMIT FOR THE CORRECT INSURER HAS PASSED. IF THAT SHOULD HAPPEN, IT BECOMES THE PATIENT'S RESPONSIBILITY FOR THE CHARGES INCURRED.</small> |                              |               |   |
|   |                              |               | PATIENT'S INITIALS:                           |
| <b>EMERGENCY CONTACT INFORMATION</b>  |                              |               |   |
| Emergency Name:   | Relationship:                |               |   |
| Emergency Address:  | City:                        | State:        | Zip:  |
| Emergency Phone #1:   | Emergency Phone #2:          |               |   |
| <b>FINANCIALLY RESPONSIBLE PARTY INFORMATION</b>  |                              |               |   |
| <input type="checkbox"/> Same as patient demographics   |                              |               |   |
| Last Name:  | First Name:                  | Middle Name:  |   |
| Address:  | City:                        | State:        | Zip:  |
| Relationship to Patient:  |                              |               |   |
| Home Phone:   | Cell Phone:                  |               |   |
| Social Security Number:   | DOB:                         | Gender: M     | <input type="radio"/> F <input type="radio"/> |
| Employer Address and Phone:   |                              |               |   |
| <b>DO YOU HAVE A HEALTH CARE SURROGATE OR A LEGAL GUARDIAN? YES <input type="radio"/> NO <input type="radio"/></b>  |                              |               |   |
| Surrogate/Guardian Name:  | Relationship:                |               |   |
| Surrogate/Guardian Address:   | City:                        | State:        | Zip:  |
| Surrogate/Guardian Phone #1:  | Surrogate/Guardian Phone #2: |               |   |

### New Patient Medical History Form

Please complete all information on this form and fax, email, or bring it to the office prior to your first visit

Email: [tms@beachesbehavioral.com](mailto:tms@beachesbehavioral.com)

Fax: 904-853-5885

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Phone Number \_\_\_\_\_ Email: \_\_\_\_\_

What are the problem(s) for which you are seeking help?

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_

What are your treatment goals?

\_\_\_\_\_

Pharmacy Name & Location \_\_\_\_\_ Phone # \_\_\_\_\_

Secondary Pharmacy \_\_\_\_\_ Phone# \_\_\_\_\_

Mail Order Pharmacy (if applies) \_\_\_\_\_

#### Medical History

**Do you have any known allergies? ( ) Yes ( ) No**

If yes please explain:

\_\_\_\_\_

**Do you have any adverse drug reactions? ( ) Yes ( ) No**

If yes please explain:

\_\_\_\_\_

What are your other **non-psychiatric** medical diagnoses? (ie. Asthma, diabetes, high blood pressure etc.)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_





Do you use tobacco products? ( ) Yes ( ) No

If yes, what form and how often:

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Would you like help to quit smoking? ( ) Yes ( ) No

Do you suffer from chronic pain? ( ) Yes ( ) No

If yes, include location, severity and timing of pain:

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Name of Primary care Provider: \_\_\_\_\_ Last Seen: \_\_\_\_\_

Any other medical specialists currently being seen and the reason (example: Optamolgist- for contacts):

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Name and location of laboratory usually used: \_\_\_\_\_

Date of last labwork: \_\_\_\_\_

List any recent diagnostic testing (labs or imaging). Include type date and location where testing was done

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Have you received the COVID-19 Vaccine?      Yes              No

If you have: Date of 1st Dose: \_\_\_\_\_      Date of 2nd Dose: \_\_\_\_\_

If you have not received it, do you plan on getting it?      Yes              No

**Past Psychiatric History**

List any psychiatric disorders you have been diagnosed with including: the age you began treatment and which doctor gave you the diagnosis:

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List any psychiatric hospitalizations including the institution name, dates, reason, modality (type of treatment) and outcome

| Institution Name | Dates | Reason | Modality(type of therapy) | Outcome |
|------------------|-------|--------|---------------------------|---------|
|------------------|-------|--------|---------------------------|---------|

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List any Outpatient treatments including when, by whom and nature of treatment. Please also describe the outcome of the treatment. (Examples: Intensive Outpatient program (IOP) Partial Hospitalization (PHP) Residential Rehabilitation)

| Reason | Dates/ Length | Provider Name | Outcome |
|--------|---------------|---------------|---------|
|--------|---------------|---------------|---------|

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List all therapists/psychotherapists that you have seen (particularly the last 5 years). Include provider name, dates, reason and outcome

| Provider Name | Dates | Reason | Outcome |
|---------------|-------|--------|---------|
|---------------|-------|--------|---------|

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List all psychiatrists that you have seen (particularly the last 5 years). Include provider name, dates, reason and outcome.

| Provider Name | Dates | Reason | Outcome |
|---------------|-------|--------|---------|
|---------------|-------|--------|---------|

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In the past, have you tried electroconvulsion therapy (ECT)? ( ) Yes ( ) No

If you answered yes, please complete the following questions:

Name of Facility: \_\_\_\_\_

Dates: \_\_\_\_\_

Reason: \_\_\_\_\_

Number of Sessions: \_\_\_\_\_

Outcome: \_\_\_\_\_

In the past have you tried Ketamine or Esketamine treatment? ( ) Yes ( ) No

If you answered yes, please complete the following questions:

Name of Facility \_\_\_\_\_

Dates: \_\_\_\_\_

Reason: \_\_\_\_\_

Number of Sessions \_\_\_\_\_

Outcome: \_\_\_\_\_

List any psychological/neuropsychological testing you have completed including the name of the provider, year, and reason for testing. If you have, please send the office a copy of your results prior to your appointment.

Name of Provider

Year

Reason

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you done genetic testing for psychotropic medications (ie.GeneSight)? ( ) Yes ( ) No

If yes, what is the date of testing? \_\_\_\_\_

**If yes, send the office a copy of your results prior to your appointments**

In the past have you been suicidal or self-injurious? ( ) Yes ( ) No

In the past, have you ever made a suicidal attempt? ( ) Yes ( ) No

If yes, please indicate the year(s) it occurred and pertinent details:

\_\_\_\_\_  
\_\_\_\_\_

In the past, have you been assaultive towards someone else? ( ) Yes ( ) No

**Substances Used and History**

**Ever considered a Problem?**

|                               |                                     |  |                                   |                              |                          |
|-------------------------------|-------------------------------------|--|-----------------------------------|------------------------------|--------------------------|
| Alcohol:                      | <input type="checkbox"/> Never Used | <input type="checkbox"/> Currently using | <input type="checkbox"/> Past use | ___ Age 1 <sup>st</sup> Used | <input type="checkbox"/> |
| Amphetamines:                 | <input type="checkbox"/> Never Used | <input type="checkbox"/> Currently using | <input type="checkbox"/> Past use | ___ Age 1 <sup>st</sup> Used | <input type="checkbox"/> |
| Marijuana/hash                | <input type="checkbox"/> Never Used | <input type="checkbox"/> Currently using | <input type="checkbox"/> Past use | ___ Age 1 <sup>st</sup> Used | <input type="checkbox"/> |
| Anti-anxiety (e.g. Valium)    | <input type="checkbox"/> Never Used | <input type="checkbox"/> Currently using | <input type="checkbox"/> Past use | ___ Age 1 <sup>st</sup> Used | <input type="checkbox"/> |
| Barbiturates:                 | <input type="checkbox"/> Never Used | <input type="checkbox"/> Currently using | <input type="checkbox"/> Past use | ___ Age 1 <sup>st</sup> Used | <input type="checkbox"/> |
| Cocaine/ Crack:               | <input type="checkbox"/> Never Used | <input type="checkbox"/> Currently using | <input type="checkbox"/> Past use | ___ Age 1 <sup>st</sup> Used | <input type="checkbox"/> |
| Heroin/morphine:              | <input type="checkbox"/> Never Used | <input type="checkbox"/> Currently using | <input type="checkbox"/> Past use | ___ Age 1 <sup>st</sup> Used | <input type="checkbox"/> |
| LSD/acid                      | <input type="checkbox"/> Never Used | <input type="checkbox"/> Currently using | <input type="checkbox"/> Past use | ___ Age 1 <sup>st</sup> Used | <input type="checkbox"/> |
| Meth/Crystal meth:            | <input type="checkbox"/> Never Used | <input type="checkbox"/> Currently using | <input type="checkbox"/> Past use | ___ Age 1 <sup>st</sup> Used | <input type="checkbox"/> |
| Painkillers (e.g. Oxycontin): | <input type="checkbox"/> Never Used | <input type="checkbox"/> Currently using | <input type="checkbox"/> Past use | ___ Age 1 <sup>st</sup> Used | <input type="checkbox"/> |
| Caffeine                      | <input type="checkbox"/> Never Used | <input type="checkbox"/> Currently using | <input type="checkbox"/> Past use | ___ Age 1 <sup>st</sup> Used | <input type="checkbox"/> |
| Other (specify): _____        | <input type="checkbox"/> Never Used | <input type="checkbox"/> Currently using | <input type="checkbox"/> Past use | ___ Age 1 <sup>st</sup> Used | <input type="checkbox"/> |

**Describe type, amount, frequency, and date of use for each substance indicated above:**

\_\_\_\_\_  
\_\_\_\_\_

**Have you ever had treatment for substance abuse disorder?**  No  Yes

**Have you used drugs and/or alcohol in situations where it is physically dangerous, such as driving while impaired?**  No  Yes

If yes, describe: \_\_\_\_\_

**Legal Problems:**  None  DUI  Public Intoxication  Other substance- related arrest)

**Financial Problems related to substance abuse:**  None  Some  Moderate  Severe

Describe: \_\_\_\_\_

**Social Problems related to substance abuse :**  None  Some  Moderate  Severe

Describe: \_\_\_\_\_

**Physical or Medical Problems:**

- Increased Tolerance       Hangovers       Liver disease       Stomach ailments
- Withdrawal symptoms       Heart ailments       Blackouts       Other

Mental health disorders that have been exacerbated by substance use:

\_\_\_\_\_

**Have you ever completed any of the following?**

- Inpatient detox       Intensive Outpatient Program       Residential Rehabilitation

If yes, when, and how many times?

\_\_\_\_\_

**Past Psychiatric Medications:** If you have ever taken any of the following medications, please indicate the dates, dosage, and how helpful they were (if you can't remember all the details, just write in what you do remember). When describing the reason stopped please indicate whether it was ineffective or if you experience side effects and if so, what side effects.

| <b>Antidepressants</b>    | <b>Dates</b> | <b>Dosage</b> | <b>Reason Stopped</b> |
|---------------------------|--------------|---------------|-----------------------|
| Anafranil (clomipramine)  |              |               |                       |
| Celexa (citalopram)       |              |               |                       |
| Cymbalta (duloxetine)     |              |               |                       |
| Effexor (venlafaxine)     |              |               |                       |
| Elavil (amitriptyline)    |              |               |                       |
| Lexapro (escitalopram)    |              |               |                       |
| Luvox (fluvoxamine)       |              |               |                       |
| Pamelor (nortriptyline)   |              |               |                       |
| Paxil (paroxetine)        |              |               |                       |
| Pristiq (desvenlafaxine)  |              |               |                       |
| Prozac (fluoxetine)       |              |               |                       |
| Remeron (mirtazapine)     |              |               |                       |
| Serzone (nefazodone)      |              |               |                       |
| Tofranil (imipramine)     |              |               |                       |
| Trintellix (vortioxetine) |              |               |                       |
| Viibryd (vilazodone)      |              |               |                       |
| Wellbutrin (bupropion)    |              |               |                       |
| Zoloft (sertraline)       |              |               |                       |
| Other                     |              |               |                       |

| <b>Mood Stabilizers</b>  | <b>Dates</b> | <b>Dosage</b> | <b>Reason Stopped</b> |
|--------------------------|--------------|---------------|-----------------------|
| Depakote (valproate)     |              |               |                       |
| Lamictal (lamotrigine)   |              |               |                       |
| Lithium                  |              |               |                       |
| Tegretol (carbamazepine) |              |               |                       |
| Topamax (topiramate)     |              |               |                       |
| Other                    |              |               |                       |

| <b>Typical Antipsychotics</b> | <b>Dates</b> | <b>Dosage</b> | <b>Reason Stopped</b> |
|-------------------------------|--------------|---------------|-----------------------|
| Haldol (haloperidol)          |              |               |                       |
| Loxitane (loxapine)           |              |               |                       |
| Mellaril (thioridazine)       |              |               |                       |
| Moban (molindone)             |              |               |                       |
| Navane (thiothixene)          |              |               |                       |
| Prolixin (fluphenazine)       |              |               |                       |
| Serentil (mesoridazine)       |              |               |                       |
| Stelazine (trifluoperazine)   |              |               |                       |
| Thorazine (chlorpromazine)    |              |               |                       |
| Trilafon (perphenazine)       |              |               |                       |

**Past Psychiatric medications (continued)**

| <b>Atypical Antipsychotics</b> | <b>Dates</b> | <b>Dosage</b> | <b>Reason Stopped</b> |
|--------------------------------|--------------|---------------|-----------------------|
| Abilify (aripiprazole)         |              |               |                       |
| Clozaril (clozapine)           |              |               |                       |
| Geodon (ziprasidone)           |              |               |                       |
| Rexulti (Brexpiprazole)        |              |               |                       |
| Risperdal (risperidone)        |              |               |                       |
| Seroquel (quetiapine)          |              |               |                       |
| Vraylar (Cariprazine)          |              |               |                       |
| Zyprexa (olanzepine)           |              |               |                       |

| <b>Sedative/Hypnotics</b> | <b>Dates</b> | <b>Dosage</b> | <b>Reason Stopped</b> |
|---------------------------|--------------|---------------|-----------------------|
| Ambien (zolpidem)         |              |               |                       |
| Desyrel (trazodone)       |              |               |                       |
| Lunesta (eszopiclone)     |              |               |                       |
| Restoril (temazepam)      |              |               |                       |
| Rozerem (ramelteon)       |              |               |                       |
| Sonata (zaleplon)         |              |               |                       |
| Other                     |              |               |                       |

| <b>ADHD Medications</b>    | <b>Dates</b> | <b>Dosage</b> | <b>Reason Stopped</b> |
|----------------------------|--------------|---------------|-----------------------|
| Adderall (amphetamine)     |              |               |                       |
| Concerta (methylphenidate) |              |               |                       |
| Ritalin (methylphenidate)  |              |               |                       |
| Strattera (atomoxetine)    |              |               |                       |
| Vyvanse (Lisdexamfetamine) |              |               |                       |
| Other                      |              |               |                       |

| <b>Antianxiety Medications</b> | <b>Dates</b> | <b>Dosage</b> | <b>Reason Stopped</b> |
|--------------------------------|--------------|---------------|-----------------------|
| Ativan (lorazepam)             |              |               |                       |
| Buspar (buspirone)             |              |               |                       |
| Centrax (prazepam)             |              |               |                       |
| Hydroxyzine                    |              |               |                       |
| Inderal (propranolol)          |              |               |                       |
| Klonopin (clonazepam)          |              |               |                       |
| Librium (chlordiazepoxide)     |              |               |                       |
| Other                          |              |               |                       |
| Serax (oxazepam)               |              |               |                       |
| Tenormin (atenolol)            |              |               |                       |
| Tranxene (clorazepate)         |              |               |                       |
| Valium (diazepam)              |              |               |                       |
| Xanax (alprazolam)             |              |               |                       |

Has anyone in your family been diagnosed with a behavioral health disorder (like Depression/OCD/Anxiety) or substance abuse disorder (suspected or diagnosed)? ( ) Yes ( ) No

If yes, explain which family member and what disorder?

\_\_\_\_\_

Has anyone, blood related to you, attempted or completed suicide? If yes, please indicate family relationship and year of incident:

\_\_\_\_\_

\_\_\_\_\_

**Social History**

Where were you born: \_\_\_\_\_  
Who were you primarily raised by: \_\_\_\_\_  
What is your birth order and how many siblings do you have? \_\_\_\_\_  
How would you describe the quality of your childhood? \_\_\_\_\_  
Were there any sources of family stressors growing up? \_\_\_\_\_  
How is the relationship quality with your family member? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Education History**

Have you received your high school diploma? ( ) Yes ( ) No  
Have you received a GED certificate? ( ) Yes ( ) No  
Have you attended college ( ) Yes ( ) No  
Have you graduated from college ( ) Yes ( ) No  
If so, please list area of study \_\_\_\_\_

**Employment History**

Occupation: \_\_\_\_\_  
Length of Current position: \_\_\_\_\_  
How would you describe your work quality? \_\_\_\_\_

**Relationship/ Marriage**

Are you currently married? ( ) Yes ( ) No  
Length of current marriage? \_\_\_\_\_ Quality of current marriage? \_\_\_\_\_  
How many times have you been married? \_\_\_\_\_

**Children Information**

Do you have any children? ( ) Yes ( ) No If yes, how many \_\_\_\_\_  
Are they from your current marriage or previous marriage? \_\_\_\_\_  
How is your relationship with your child/ children \_\_\_\_\_

Have you ever been in the Military? ( ) Yes ( ) No

If yes, include what branch, type of discharge (if applicable), and any exposure to trauma (brief description)

\_\_\_\_\_  
\_\_\_\_\_

Have you ever been arrested or have any other legal problems? ( ) Yes ( ) No

If yes, please explain:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Who is currently in your support system?

\_\_\_\_\_  
\_\_\_\_\_



# Janssen Patient Support Program

## Patient Authorization Form

- Patients should read the Patient Authorization, check the desired permission boxes, and return the form to Janssen Patient Support Program
  - Download a copy, print, check the desired boxes, and sign. Your healthcare provider may scan the completed form and upload on Provider Portal, or completed form may be faxed to 833-777-7282 or mailed to Janssen CarePath, PO Box 13135, La Jolla, CA 92037
  - You may be able to eSign a digital form in your healthcare provider’s office or on the Janssen CarePath Patient Account at MyJanssenCarePath.com

Patient Name \_\_\_\_\_ Email \_\_\_\_\_

I give permission for each of my “Healthcare Providers” (eg, my physicians, pharmacists, specialty pharmacies, other healthcare providers, and their staff) and “Insurers” (eg, my health insurance plans) to share my Protected Health Information.

My “Protected Health Information” includes but is not limited to the following information related to my medical condition, treatment, prescriptions, and health insurance coverage.

The following person(s) or class of person(s) are given permission to receive and use my Protected Health Information (collectively “Janssen”):

- Johnson & Johnson Health Care Systems Inc., its affiliated companies, agents, and representatives
- Providers of other sources of funding include foundations and co-pay assistance providers
- Service providers supporting or analyzing data from Janssen patient support programs

Specifically, I give permission to Janssen to receive, use, and share my Protected Health Information in order to:

- see if I qualify for, sign me up for, and contact me about Janssen patient support programs
- manage the Janssen patient support programs
- give me educational and adherence materials, information, and resources related to my Janssen medication in connection with Janssen patient support programs
- communicate with my Healthcare Providers regarding access to, reimbursement for, and fulfillment of my Janssen medication, and to confirm to my Healthcare Provider that support has been provided by the Janssen patient support programs
- verify, assist with, and coordinate my coverage for my Janssen medication with my Insurers and Healthcare Providers
- coordinate prescription or treatment location and associated scheduling
- conduct analysis to help Janssen evaluate, create, and improve its products, services, and customer support for patients prescribed Janssen medications
- share and give access to information created by the Janssen patient support programs that may be useful for my care

I understand that my Protected Health Information may be shared by Janssen for the uses written in this Form to:

- My Insurers
- My Healthcare Providers
- Any of the persons given permission to receive and use my Protected Health Information as mentioned above
- Any individual I give permission as an additional contact

# Janssen Patient Support Program Patient Authorization Form

I understand that my Protected Health Information will not be used or shared by Janssen for any other use without my permission. Janssen may share information about me where legally allowed or if any information that specifically identifies me is removed. I understand that Janssen will make every effort to keep my information private. Further, I understand that if my information is accidentally shared, federal privacy laws do not require that the person/party receiving it not share the information further and that such information provided to a third party may no longer be protected by federal privacy laws. I understand that I am not required to sign this Form. My choice about whether to sign will not change how my Healthcare Providers or Insurers treat me. If I do not sign this Form, or cancel or remove my permission later, I understand I will not be able to participate or receive assistance from Janssen's patient support programs.

This Form will remain in effect 10 years from the date of signature, except where state law requires a shorter time, or until I am no longer participating in any Janssen patient support programs. Information collected before that date may continue to be used for the purposes set forth in this Form.

I understand that I may cancel the permissions given by this Form at any time by letting Janssen know in writing at: Janssen CarePath, PO Box 13135, La Jolla, CA 92037.

I can also cancel my permission by letting my Healthcare Providers and Insurers know in writing that I do not want them to share any information with Janssen.

I further understand that if I cancel my permission it will not affect how Janssen uses and shares my Protected Health Information received by Janssen prior to my cancellation.

I understand I may request a copy of this Form.

## **Permission for communications outside of Janssen patient support programs:**

- Yes, I would like to receive communications relating to my Janssen medication.
- Yes, I would like to receive communications relating to other Janssen products and services.

For privacy rights and choices specific to California residents, please see Janssen's California privacy notice available at <https://www.janssen.com/us/privacy-policy#california>

## **Permission for text communications:**

- Yes, I would like to receive text messages. By selecting this option, I agree to receive text messages as allowed by this form to the cell phone number provided below. Message and data rates may apply. Message frequency varies. I understand I am not required to provide my permission to receive text messages to participate in the Janssen patient support programs or to receive any other communications I have selected.

Cell phone number: \_\_\_\_\_

Patient sign here: \_\_\_\_\_ Date: \_\_\_\_\_

If the patient cannot sign, patient's legally authorized representative must sign below:

By: \_\_\_\_\_ Date: \_\_\_\_\_

(Signature of person legally authorized to sign for patient)

Describe relationship to patient and authority to make medical decisions for patient:

\_\_\_\_\_

**This section is to be completed by the Patient**

Your healthcare provider will help you complete this form and provide you with a copy.

\* Indicates required field

| Patient Information                                   |     |             |                          |   |
|---|-----|-------------|--------------------------|---|
| First Name*:  | MI: | Last Name*: | Birthdate* (MM/DD/YYYY): | Sex*: <input type="checkbox"/> Male <input type="checkbox"/> Female<br><input type="checkbox"/> Other |
| Email* (Email is required for online enrollment only) |     |             | Phone Number*:           |   |
| Address 1*:   |     |             | Address 2:               |   |
| City*:  |     |             | State*:                  | ZIP*:   |

**Patient Agreement**

By signing this form, I understand and acknowledge that:

**Before my treatment begins, I will:**

- Enroll in the SPRAVATO<sup>®</sup> REMS by completing this *Patient Enrollment Form* with my healthcare provider. Enrollment information will be submitted to the SPRAVATO<sup>®</sup> REMS.
- Receive counseling on safety risks and the need for monitoring to observe for resolution of sedation and dissociation, and for any changes in vital signs.

**During treatment, and after administration I will:**

- Use the SPRAVATO<sup>®</sup> nasal spray myself under the direct observation of a healthcare provider.
- Be observed at the healthcare setting where I get SPRAVATO<sup>®</sup> for at least 2 hours after each treatment until the healthcare provider determines I am ready to leave the healthcare setting.

**I understand:**

- Sedation and dissociation can result from treatment with SPRAVATO<sup>®</sup> and I must stay after each treatment. Until these effects resolve, I may feel:
  - sleepy and/or
  - disconnected from myself, my thoughts, feelings and things around me.
- I should make arrangements to safely get home.
- I should not drive or use heavy machinery for the rest of the day on which I receive SPRAVATO<sup>®</sup>.
- I should contact my doctor or inform him/her at my next visit if I believe I have a side effect or reaction from SPRAVATO<sup>®</sup>.
- In order to receive SPRAVATO<sup>®</sup> as an outpatient, I am required to be enrolled in the REMS, and my information will be stored in a database of all outpatients who receive SPRAVATO<sup>®</sup> in the United States.
- Janssen Pharmaceuticals, Inc. and its agents, including trusted vendors, may contact me or my prescriber via phone, mail, fax, or email to support administration of the REMS.
- Janssen Pharmaceuticals, Inc. and its agents, including trusted vendors, may use, disclose, and share my personal health information for the purpose of the operations of the REMS, including enrolling me into the REMS and administering the REMS, coordinating the dispensing of SPRAVATO<sup>®</sup>, and releasing and disclosing my personal health information to the Food and Drug Administration (FDA), as necessary, and as otherwise required by law.

Patient Name (please print):

|                     |        |
|---------------------|--------|
| Patient Signature*: | Date*: |
|---------------------|--------|