



Dr. Pooja Pandya
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Nitrous Oxide Analgesia Information and Consent

Patient Name: _____

Nitrous oxide (or “laughing gas”) can greatly minimize anxiety that might be associated with going to the dentist. In a relaxed state, you or your child will still be able to communicate with the dentist while treatment is being performed. Even though it is safe, effective and wears off before you leave the dental office, you should be aware of some important precautions and considerations.

1. This consent form and the dental treatment consent form should be signed before you or your child takes the medication.
2. You or your child will begin to feel the effects of nitrous oxide in about 5 minutes. It is always mixed with oxygen, and you will be breathing as much or more oxygen than normal room air during the procedure. You will feel very relaxed, your speech will be slurred, and your fingers and toes may feel like they are tingling. When the dental procedure is ending, you will begin breathing 100% oxygen for a minimum of 5 minutes in order for the effects of nitrous oxide to wear off by the time you leave the office.
3. Nitrous oxide should not be used if you are pregnant.
4. Tell the dentist if you or your child are taking any medications.
5. Side effects may include light-headedness, headache, dizziness, visual disturbances, amnesia, nausea, vomiting, and tingling of your extremities.
6. You or your child can attest that you have been fasting 2 hours prior to this appointment.
7. A local anesthetic will be used during the dental procedure.
8. If you drove to this office, you should be able to drive home. The effects of the nitrous oxide should have worn off by the time you leave the clinic.

I understand these considerations and am willing to abide by the conditions stated above. I have had an opportunity to ask questions and have had them answered to my satisfaction.

Signed (patient): _____ Date: _____

Signed (guardian, if patient is under 18 years old): _____