

CROWN POST-OP INSTRUCTIONS

While your crown is being made, you will have a temporary crown covering the tooth. This temporary can be damaged or become unglued easily if these post op instructions aren't followed. If your temporary crown becomes damaged or comes off- call us, so that we can find a time to reglue or remake the temporary. It is very important for the proper fit of your final restoration that the treated tooth remain covered with the temporary.

To help keep your temporary in place, avoid eating sticky foods, hard foods, and if possible, chew on the opposite side of your mouth. It's important to continue to brush normally. Floss as instructed to prevent dislodgment of the temporary crown.

It's normal to experience some hot, cold, and pressure sensitivity after each appointment. Your gums may be sore for a few days. To alleviate gum tenderness you can rinse three times a day with warm salt water to reduce pain and swelling. If your bite feels uneven, if you have persistent sensitivity or pain, if your jaw joint or muscles continue to hurt more than three days, or if you feel that you cannot open your mouth normally please contact us.