



Biopsy Post-op Instructions

- There should be minimal pain and bleeding from the surgical site. Please keep the surgical area moist with a lip moisturizer or vitamin E capsules.
- If a local anesthetic was used, you may experience complete numbness or decreased feeling for several hours after the procedure. The majority of discomfort will typically peak around the second or third day following the procedure and can last through a week afterward or sometimes longer depending on the type of procedure.
- After the procedure you can apply a cold compress or suck on ice chips if your procedure was inside the mouth to help prevent swelling and bruising.
- Slight swelling, bruising, and redness surrounding the removal site are to be expected. If your lesion was removed inside your mouth a slight scab, whitish in color, will form over the area. This is perfectly normal and will go away with time. Please allow the scabbed area(s) to flake off by themselves.
- Around 2-5 days after the procedure, the area will be likely to itch. This is perfectly normal and is part of the healing process. DO NOT itch the area as you can introduce bacteria to the removal site as well as remove the scab as mentioned above.
- Depending on the severity of your procedure, you may need to take an over the counter pain reliever like Ibuprofen or Acetaminophen.
- Make sure you eat, drink, stay hydrated, and rest. The length of recovery is shortened by adequate rest.
- Please don't hesitate to call if you have any questions or concerns during your recovery. Our office number is (214) 969-0280 or you can text me directly at (817) 929-6749